

The effects of malnutrition on falls in older community-dwelling Vermonters

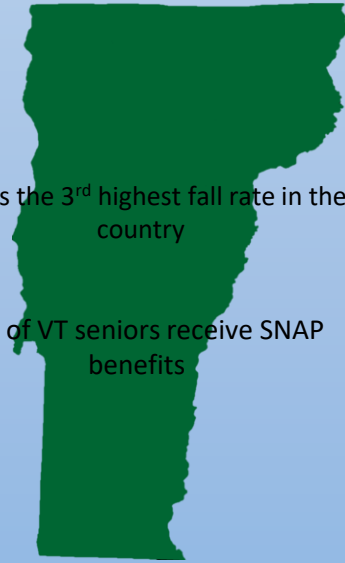
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Introduction



VT has the 3rd highest fall rate in the country

10% of VT seniors receive SNAP benefits



36 million

Methods



front porch forum®



REDCap
Research Electronic Data Capture

Results



53% have an elevated fall risk
42% had a fall in the past 6 months
55% are at nutrition risk
Fall risk and food insecurity $p < 0.001$
Fall risk and nutrition risk $p < 0.001$



Discussion



700+

